

Organization and Activity Ideas

Updated August 2022

ISACA CommunITy Day is a day of celebrating the positive impact we can make globally when we give back locally. We are confident we can still accomplish this while abiding by appropriate guidelines within our local communities to keep all participants safe during the pandemic.

Here are some organizations or activity ideas to inspire you to get involved in your local community. Be sure all participants log the time they spent participating in <u>Helper Helper</u> to be included in our global impact!

(ISACA has no formal relationship with any organization listed below and does not support any particular mission; these are examples to inspire you to get involved in activities and causes of interest to you.)

VOLUNTEER SEARCH ENGINES – Filter by location, activity, age groups and more!

- Points of Light: <u>https://www.pointsoflight.org/virtual-volunteering-opportunities/</u> (Global, virtual)
- Seek Volunteer: <u>https://www.volunteer.com.au/</u> (Australia)
- Volunteer Match: <u>https://www.volunteermatch.org/</u> (US)
- Neighborhood of Good: https://neighborhoodofgood.statefarm.com/ (US)
- Idealist: <u>https://www.idealist.org/</u> (US)
- AARP Create the Good: <u>https://createthegood.aarp.org/</u> (US)
- United Way: <u>https://www.unitedway.org/get-involved/volunteer#</u> (US)

ARTS & CRAFTS

- Color a Smile: <u>https://colorasmile.org/volunteer/</u>
 - Family friendly! Download a template and color pictures in your favorite medium to cheer up senior citizens and others.
- Project Linus: https://www.projectlinus.org/
 - US-only contact a local chapter linked above to ensure they are accepting blankets first. Family friendly! Make blankets for children in need.
- Hospital / Hospice Patients, Children's Services Institutions
 - Check with your local medical or senior centers or with children's agencies to learn about opportunities to do crafts with or for clients who need cheering up or room decorations.

TRANSLATION / TRANSCRIPTION

- Smithsonian: <u>https://www.si.edu/volunteer/DigitalVolunteers</u>
 - From your own computer or community, help expand access to the Smithsonian's massive collections and participate in a variety of research programs. Programs include: Transcription, Encyclopedia of Life, Invader ID, and Wikipedia editing.
- Project Gutenberg: https://www.gutenberg.org/wiki/Gutenberg:Volunteering for Project Gutenberg
 - · Proofread public domain books as they are converted into e-books.
- TED Translators: <u>https://www.ted.com/participate/translate</u>
 - Subtitle TED talks in multiple languages for users across the globe to enjoy and learn from Ted Talks. Advance sign up required.

ENVIRONMENTAL

- Arbor Day Foundation: <u>https://www.arborday.org/isaca</u> (US only)
 - Order a tree to plant in your yard or organize a chapter activity to plant trees in a local park.
- Beach/Park Clean Up
 - Organize a group to clean up a local beach or park. Bring trash bags and improve the environment for the animals and plants as well as for your neighbors to enjoy the fresh air.

1:1 CONNECTIONS SERVING UNIQUE NEEDS

- Be My Eyes: <u>https://www.bemyeyes.com/</u>
 - Accept a live video call from a blind or low-vision client to help them navigate their surroundings or translate the app into multiple languages for global users.
- Red Cross Blood Drive: https://www.redcross.org/give-blood.html
 - Organize a blood drive for your members/families or sign up to give blood at an existing event.

LETTER WRITING

- The Letter Project: https://www.toloveourselves.com/
 - Women's empowerment: Sign up to write letters to other women around the world to express support, empathy, encouragement and humor.
- Letters Against Depression: <u>http://www.lettersagainst.org/volunteer</u>
 - Send handwritten letters to people around the world battling depression and mental illness to support their journey to health and empowerment.

HEALTH & FITNESS

- 5K Race or Awareness Walk / Charity Miles
 - Form a team for a local walk/run race supporting a charity of your choice or get a group together to hand out flyers or build awareness of a cause in your community. Search your community calendar or sites like <u>RunSignUp</u> to find a race near you.
 - Download the free <u>Charity Miles</u> app while you walk/run/bike, and for every mile you go they

will make a donation to a charity of your choice.

- US Awareness Walks that may have an event near you on CommunITy Day:
 - Out of the Darkness Walks: American Foundation for Suicide Prevention
 - Walk to End Alzheimer's: Alzheimer's Association
 - Relay for Life: American Cancer Society
 - Race for the Cure: Susan B. Komen Foundation
- Hunger notes: https://www.worldhunger.org/hunger-quiz/
 - Read a short excerpt to learn about hunger aspects around the world and complete a short quiz. For each quiz completed, Hunger Notes makes a donation to a food-related charity.
- Food Pantry
 - With so many people out of work and needing a helping hand, food pantries are in need of volunteers to sort, pack or deliver meals. Many have policies in place for limited volunteer slots of warehouses providing adequate physical distancing.



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